



Global Handwashing Day
October 15

Activity Plan In the Garden

Theme and Handwashing occasion: In the Garden, Planting and Play

The following activities have been developed to provide pre-school children with an opportunity to **explore, investigate** and **design** through creating and planting their own "container garden".

Extension ideas for older children provide links to the **Science** and **Design Technology** curricula as well as providing opportunities for children to use **problem solving skills**.



EYFS age range 30-50 months

Personal, social and emotional development	<ul style="list-style-type: none"> • Show confidence in linking up with others for support and guidance • Make connections between different parts of their life experience
Communication, language and literacy	<ul style="list-style-type: none"> • Use a widening array of words to express or elaborate on ideas • Talk activities through, reflecting on and modifying what they are doing
Problem solving, reasoning and numeracy	<ul style="list-style-type: none"> • Use some number names and number language spontaneously • Use some number names accurately in play • Show an interest in shape and space by making arrangements with objects • Observe and use positional language
Knowledge and understanding of the world	<ul style="list-style-type: none"> • Show curiosity and interest in the features of objects • Show interest in the world in which they live • Comment and ask questions about the natural world
Physical development	<ul style="list-style-type: none"> • Use one handed tools and equipment • Engage in activities requiring hand eye co-ordination
Creative development	<ul style="list-style-type: none"> • Create 3D structures



All New Hands Up For Hygiene

Rhyme	Action and Mime
<p>Mary, Mary Quite Contrary</p> <p>Mary, Mary quite contrary, How does your garden grow? With silver bells and cockle shells And pretty maids all in a row</p> <p>Mary, Mary quite contrary, Now your garden's ready. Go wash away the dirt and clay Before your tea with teddy!</p>	<p>Nod head side to side to rhythm Hands in front/upturned in question mark Dangle hands like a bell, cupped hands facing down like a shell Fingers all facing upwards, wiggle to music</p> <p>Nod head side to side to rhythm Fingers all facing upwards, wiggle to music Wash hands in imaginary water Pretend to sip tea from cup/saucer</p>

Talk about:

 Why Mary needed to wash her hands before she ate tea with teddy.

 What might they find in the garden that might be 'dirty'?

Make a 'Container' Garden

You will need:

-  Bells and Cockle-shells garden template (over page) decorated and painted by the children,
 - seed tray/shallow tray/food container or similar
 - small pot
 - cress seeds, or similar
 - a selection of materials for example: gravel, pebbles, shells, twigs, leaves, silver paper, small mosaic type tiles, straws, tissue, pipe cleaners and lolly sticks and paper or felt for grass, and card, paper or fabric for pathways.
-  Sing through the rhyme with the children and talk about what Mary's garden might have looked like.
-  Listen to children's suggestions and use a large piece of paper to draw Mary's garden, including the children's suggestions, for all to see. Once the design is complete, children can set about making their own gardens.

-  Using a seed tray or shallow food container encourage the children to recreate their own gardens, using the selection of materials for garden pathways, grassy areas, decorated flowers, bells and cockle-shells from the template. Using a small yoghurt pot, plant cress seeds and place on top of a flat surface area of the container garden. Once complete talk with the children about whether they need to wash their hands. Explain that even though they might not look dirty, stones leaves and twigs that have been outside will still harbour germs.

Template Notes:

- Photocopy the sheet, one per child.
- Ask each child to decide which of the items they have put into their garden design. Cut out the pictures that they wish to use.
- Talk with the children about the shapes, sizes and number of items that they are cutting out.

Other Ideas and Primary School Extension

Outside Play

- 👉 Extend the children's garden plans to outside: using topsoil and garden implements.
- 👉 Involve the children in planting both indoors and outdoors. Depending on the time of year plant bulbs or sunflower seeds. Set up a small container for vegetables such as potatoes, beans or peas. Talk with the children about how plants need water to help them to grow. Remind each child to wash their hands when they have finished planting.
- 👉 Talk about how water is a precious resource and when it is very hot weather sometimes we don't have very much. Remind the children that taps should always be turned off after they have washed their hands so that no water is wasted. Water could also be collected from handwashing to use to water areas of the garden.
- 👉 Use the children's gardens for small world play – talk about water safety in gardens where there is a pond or paddling pool.

- 👉 Plant cress or sprouting broccoli for short term growth projects.

- 👉 Plants need water to survive. Talk about how water is a very valuable resource. Ask the children to think of ways that water could be captured to water the plants. Focus on rainwater. Provide a variety of containers and straws to see if they can create their own irrigation system to catch water for plants in their container gardens.



Role Play

Turn the Home Corner into a Garden Centre. If possible take the children to visit one locally first, if not, talk about their experiences of visiting one.

Make lists together about what might be needed. Include items such as plastic/fabric flowers, seed packets, seed trays, watering cans, gardening gloves, children's garden tools, till and toy money. Label the objects with price tags.

Template

