



Activity Plan

Going to the Toilet

Theme and Handwashing occasion: Importance of hand washing after going to the toilet

The following activities have been developed to enable children to consider and talk about **procedures for going to the toilet in preparation for independence** and to remind them of the **extra importance of hand washing after using the toilet**.

Before use, print, cut out and if possible laminate

EYFS age range 30-50 months

Personal, social and emotional development	<ul style="list-style-type: none">• Social responsibilities about going to the toilet, health and hygiene, build confidence in actions of a natural daily activity
Communication, language and literacy	<ul style="list-style-type: none">• Opportunities to discuss openly/frankly extend range of vocabulary and understanding, listening to others, learning rhymes and songs
Knowledge and understanding of the world	<ul style="list-style-type: none">• Counting opportunities, how many sheets of toilet paper are necessary. How many times do they wash their hands through the day?
Physical development	<ul style="list-style-type: none">• Gross and fine motor skills, unzipping trousers and zipping, pulling pants down properly, wiping bottom clean, flushing the toilet, washing hands as well as keeping healthy
Creative development	<ul style="list-style-type: none">• Expression and interpretation of rhymes, facial expression and creative interpretation



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Handwashing theme – importance of handwashing after going to the toilet

Rhyme: in the style of "Humpty Dumpty"	Action and Mime
Humpty Dumpty went to the loo, Humpty Dumpty knew what to do, All the germs washed off and all the dirt too, By washing his hands straight after the loo!	Mime: Sitting on toilet (use chair or stool) Pat side of forehead with one finger and nod. Pull face as swiping germs off back of hand Rub hands round and round
Humpty Dumpty washed his hands Humpty Dumpty then had clean hands Away with the nasties And all the germs too, By washing his hands straight after the loo!	Mime: Squirting soap from pump action bottle. Pull faces as swiping off messies on back of each hand with the other hand. Rub hands round and round

What you will need:

Photocopy the template and cut out the pictures.

Now comes the fun bit!

1. In pairs or groups allow children to become familiar with the pictures and try matching the cards.
2. Once everyone has had a chance to play, encourage discussion:- procedures for going to the toilet, words/terms they and their family use for going to the toilet, we have identified some common terms below, and relate the words to the pictures. Note: make allowances for individual families, 'pet names/terms' or other cultural nuances.
3. Ask all the children to paint a picture that can be made into a wall montage for the toilets as a reminder to "wash your hands".

Some common terms:

Pee

Poo

Wee

Bottom

Bum

Potty

Toilet

Loo

Washroom

Cloakroom

Lavatory

Clean

Roll

Tissue

Soap

Squirts

Wipe

Wash

Germs

Dirty

Nappies

Pants

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