

Hands Up For Hygiene



Global Handwashing Day
October 15



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Assembly Plan



Introduction



Carex is proud to support **Global Hand Washing Day** on **15th October**, an annual event established in 2001, with the aim of giving schools and communities the power to prevent the spread of diseases through the universal promotion and practice of proper hand washing. Each year 200 million people get involved in celebrations in over 100 countries around the world.

Our hands give us the opportunity to “**live life hands on**”.

Everyday our hands do amazing things, from helping to feed us to showing our family and friends that we care.

This assembly has been designed to:

- to raise and discuss issues relating to general hygiene and infection control within your school
- to launch a pupil led Hand Hygiene Awareness Campaign and Policy
- allow children to share their learning experiences and understanding with a wider audience

This Assembly “performance” can be undertaken with either a year group, a key stage or with the whole school and can be adapted to suit the age range/ability of the pupils involved.

You may also choose to invite parents and other community members to attend or participate in the assembly.

Each assembly aims to raise awareness and promote understanding of:

- how germs can be easily transmitted around school or the home
- the role of good hand hygiene practice in the prevention of the spread of infection



Hands Up For Hygiene

Live Life Hands on Assembly

Live life hands on demonstrates how we can all live an active life, but to take care of ourselves and others we need to clean our hands effectively following everyday tasks/activities and shows the correct procedure for hand washing.

Reinforcing Key Messages

- Transfer of germs – select one or two pupils or members of staff to dust their hands with chalk or flour before entering the room to demonstrate how easily germs on hands are transferred.

Write a Prayer / Reflection

If it is felt appropriate and usual practice in your school, a small group of children could be given the task of writing a short prayer, or reflection. This could focus on helping us to understand how to care for ourselves and others. It might also consider thanks for those who make discoveries that help us to be healthy and safe.

Introduction (pupil led / delivered)

Before the assembly the class will need time to rehearse the performance activity.

Explain to the audience they will be watching a number of scenes. Each will show a right or wrong way of cleaning hands after an activity. Judges, picked from the audience or the class (teacher to select), will have to spot the right and wrong way for each short scene by holding up a tick or cross card.

Pupil Performance

In small groups children perform a variety of up to 4 short scenes. Some will show people cleaning their hands correctly after an activity, with soap and water and then drying. In other the hand cleaning will be incorrect for example, rubbing hands on clothing, not using soap, wiggling finger tips under a tap.

Scene suggestions:

- Child handling a pet (stuffed/cuddly toy could be used for the pet)
- Child eating food
- Using or flushing the toilet
- Coming in from outside (playing sport, break time etc) and then preparing food
- Child sneezing into hands

At least one sketch should demonstrate the correct hand washing procedure – using water, hand wash and paper towels. This could be one of the scenes the judges are asked to view or a final “do it this way”.

Ask judges to comment on each scene as they are shown, holding up their tick or cross card to show whether they think the hand cleaning was correct or not.

Messages (pupil led / delivered)

Using **Healthy Hands Leaflets**, pupils remind audience of the key messages regarding hand washing when / where / how before demonstrating the correct method.

Planning and Preparation

Resources required

Supplied:

- Healthy Hands Leaflets (available to download from www.carex.co.uk)

To be created:

- Tick and cross cards (made by the class)
- Other props required for chosen sketches

School equipment:

- 1 large bowl
- Soap
- Table
- Paper towels

