Helping Hands

You will need: A selection of objects from around the home in a basket, for example:

- an apron
- mixing bowl
- tea towel
- table cutlery
- a duster
- pedal bin
- a nappy
- garden implements/pot
- laundry basket

Take each item in turn, talk about what it might be used for and how:

Ask children who would use them in their house.

whether they help at home using similar objects.

Make a list of all the different ways that they help at home. Children could use the props as part of their explanation, acting out to the group what they do. Take photographs of their actions to make a display about helping at home.

Hands Up for Hygiene

All New

www.carex.co.uk

Notes to game play:

You will need a counter for each child and a dice.

Place all counters on the hands square at the top of the board.

Each child takes a turn at throwing the dice, counting the squares and moving along the appropriate number of places.

Talk to each child about the picture on the square and why handwashing is important before or after each occasion.

Other ideas and Primary School Extension

Role play area

Use the Chef poster to stimulate discussion.

Ask the children what the little boy has been doing and why he is dressed the way he is. Use this as a starting point to talk about their experiences of ‘eating out’ and then suggest that you set up a café in the home corner.

Talk about other roles that they could take on such as chef, waiter and customer.

Discuss with them why each character would need to make sure that they washed their hands regularly, particularly the chef.

Write menu’s and make food from salt dough.

Paint and collage pictures of food onto paper plates.

Before or After Helping

For some jobs we must clean our hands before we help and for other jobs we must clean our hands after we have helped.

Give the children another chance to act out helping at home with the props this time with an empty bottle of handwash for them to show when and how they would wash their hands (before or after?).

Flash card game – downloadable from www.carex.co.uk is also a good stimulus the activity below.

WELL DONE...

You washed your hands before you helped to bake a cake.

WELL DONE, you have washed away all the germs.